
2 ZERO HUNGER – Lara Rom

Zero Hunger – What's the goal here? To end hunger, achieve food security and improve nutrition and promote sustainable agriculture.

It includes the fight against hunger and malnutrition in all of its forms. In the whole world there are 800 million people who still suffer from hunger. There are still a lot of people who eat food of poor quality or consume too much unhealthy food. Additionally, there are still people, for example in Africa, who have no food or are malnourished. Because of this people are less productive and their bodies are very weak, and they could get sick faster than healthy humans. #2 also involves access to safe, nutritious, and sufficient food for all people, especially in situations like climate change. Our current food system is not good for our planet. There is too much food waste in our world. This is not good for our planet and most food that humans throw away is still good. SDG #2 wants to change it. Along with the fight against hunger, SDG #2 wants to make food production sustainable. They also have the guiding principle "leave no one behind" and with this principle they want to have equal opportunities on the global market by 2030. SDG #2 combines social, economic, and ecological aspects.

SDG2 wants to help all the people who are in these situations. Current problems are:

- Conflict, Covid-19, climate change and growing inequalities are converging to undermine food security worldwide.
 - About 1 in 10 people worldwide are suffering from hunger. Nearly 1 in 3 people can't eat that much because they do not have the food.
 - The food prices are expensive so people can't always find organic food and then they buy, for example, tomatoes from Morocco and the purchase of this food is bad for our environment.
 - 149.2 million children under age 5 suffer from hunger (2020).
 - Ukraine crisis triggered food shortages for the world's poorest people. Ukraine and Russian Federation supplies global exports: 30% of wheat, 20% of maize and 80% of sunflower seed production.
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SDG #2 Targets for 2030:

- By 2030, end hunger and ensure access to all people, in particular the poor, to have sufficient food all year around.
- By 2030, and all forms of malnutrition should be ended, and the nutrition needs of girls who are still growing, pregnant women and older persons must be addressed.
- By 2030, the agricultural productivity and incomes of small food producers, in particular women, indigenous peoples, family farmers, pastoralists and fishers should be doubled.
- By 2030, ensure sustainable food production systems and production that will help maintain ecosystem, and that strengthen capacity for adaptation to climate change, extreme weather, drought, flooding, and other disasters.

Project:

My idea is that every supermarket, café and school buffet should make boxes one time each week with food that the supermarket, the café and the school is no longer allowed to sell but is still good. Every week on Saturday the people with lower income, or are homeless, or do not have money for food can come there and pick up their boxes. This is good for the people who can't buy food and it is also good for the environment because they don't throw the food away.
